

MASSAGE THERAPY

Overview

Faculty of Health and Community Studies
Department of Allied Health and Human Performance
MacEwan.ca/Massage (<http://MacEwan.ca/Massage/>)

The Massage Therapy program offers a unique blend of scientific theory and clinical practice. It offers a comprehensive clinical education that develops well-rounded massage therapists able to practice in a wide range of medical and therapeutic environments. The program teaches soft tissue manipulation techniques for the assessment and treatment of stress, pain, and a variety of physical conditions. With challenging courses in anatomy, physiology, kinesiology, pathology, and communication, students gain a foundation of knowledge that carries them through dynamic field placement experiences and professional practice at MacEwan University's public massage clinic.

The program prepares students to become registered massage therapists (RMT) with a provincial association. With MacEwan University's reputation as a leader in massage education, graduates may be eligible for registration across Canada and internationally.

Career Potential

Massage therapy is on the leading edge of a vastly expanding market of health-related services. As massage therapy continues to gain recognition in the general population and the healthcare community, the profession can be seen as having high job potential, particularly with the growing trend toward self-employment. Graduates can specialize in areas that suit their lifestyles, their needs, and the needs of their patients. Potential work sites for massage therapists include multi-disciplinary healthcare settings, private practice, sports centres, hospitals, long-term care facilities, and health spas.

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PROGRAM OFFICE

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Program Requirements

The following program requirements are needed to complete the credential. Refer to the Student Plan as this plan identifies the usual course schedule.

Code	Title	Credits
Year 1		
MTST 118	Foundations of Client Contact ¹	3
MTST 120	Human Anatomy I ¹	3
MTST 122	Human Anatomy II ¹	3
MTST 125	Physiology I ¹	3
MTST 126	Physiology II ¹	3

MTST 131	Techniques I ¹	3
MTST 137	Developing Therapeutic Relationships ¹	2
MTST 142	Techniques II ¹	3
MTST 143	Techniques III ¹	3
MTST 146	Body Movements ¹	3
MTST 155	Assessment for Massage Therapists I ¹	2
MTST 191	Clinical Practicum I ¹	1
MTST 192	Clinical Practicum II ¹	1
University-level English (includes WRIT 101)		3
Year 2		
HLST 150	Pathophysiology ¹	3
MTST 151	Research Literacy for Massage Therapists ¹	1
MTST 156	Assessment for Massage Therapists II ¹	2
MTST 224	Techniques IV ¹	3
MTST 225	Techniques V ¹	3
MTST 226	Techniques VI ¹	3
INTD 305	Practice Management for Healthcare Professionals	3
MTST 273	Massage Therapy for Special Populations I ¹	2
MTST 274	Massage Therapy for Special Populations II ¹	2
MTST 281	Treatments and Planning I ¹	2
MTST 283	Treatments and Planning II ¹	2
MTST 286	Sport Massage ¹	3
MTST 291	Clinical Practicum III ¹	2
MTST 292	Clinical Practicum IV ¹	2
MTST 293	Clinical Practicum V ¹	1
Total Credits		70

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The minimum grade required for this course is C-.

The minimum passing grade for a course at MacEwan University is a D unless otherwise noted next to the appropriate course in the program of study.

Student Plan

Students must follow the Student Plan (listed below) to complete this credential in the year(s) indicated by the plan. Students must consult with a program Academic Advisor regarding any deviation from the Student Plan, as this may extend the time it takes to complete the program. The student plan may be subject to change.

Year 1					
Term 1	Credits	Term 2	Credits	Term 3	Credits
MTST 118 ¹		3 MTST 122 ¹		3 MTST 143 ¹	3
MTST 120 ¹		3 MTST 126 ¹		3 MTST 155 ¹	2
MTST 125 ¹		3 MTST 137 ¹		2 MTST 192 ¹	1
MTST 131 ¹		3 MTST 142 ¹		3	
University-level English (includes WRIT 101)		3 MTST 146 ¹		3	
		MTST 191 ¹		1	
	15		15		6
Year 2					
Term 1	Credits	Term 2	Credits	Term 3	Credits
HLST 150 ¹		3 MTST 225 ¹		3 INTD 305	3
MTST 151 ¹		1 MTST 273 ¹		2 MTST 226 ¹	3

MTST 156 ¹	2 MTST 274 ¹	2 MTST 293 ¹	1
MTST 224 ¹	3 MTST 283 ¹	2	
MTST 281 ¹	2 MTST 286 ¹	3	
MTST 291 ¹	2 MTST 292 ¹	2	
	13	14	7
Total Credits 70			

1

The minimum grade required for this course is C-.

The minimum passing grade for a course at MacEwan University is a D unless otherwise noted next to the appropriate course in the program of study.

Admission Requirements

Applicants may be admitted to one of the following:

Regular Admission

To be evaluated through the Office of the University Registrar

Applicants must have a minimum overall average of 60 percent, with no course grade lower than 50 percent, in the following high school courses:

1. ELA 30-1 or ELA 30-2
2. Biology 30
3. One subject from Group A, B, C or D

Notes:

- Group D subjects used for admission must be 5-credit or any credit combination of at least 5 credits (e.g., two 3-credit subjects).

Mature Admission

To be evaluated through the Office of the University Registrar

Applicants must be 20 years of age or older and have been out of full-time high school at least one year by the beginning of the intake term. Applicants must have a minimum overall average of 60 percent, with no course grade lower than 50 percent, in the following high school courses:

1. ELA 30-1 or ELA 30-2
2. Biology 30

Previous Post Secondary Work

To be evaluated through the Office of the University Registrar

Admission in this category does not imply or guarantee the transfer or any coursework and/or credential unless a block transfer agreement (internal or external) is in effect and published in the calendar by the Office of the University Registrar. In addition, transfer of coursework does not imply or guarantee that an applicant will be admitted.

Applicants must have successfully completed:

- A minimum of 18 post-secondary credits with a minimum Admission Grade Point Average (AGPA) of 2.0 on a 4.0 scale and must have successfully completed Biology 30.

Additional Admission Criteria

All applicants must meet the following:

1. English Language Proficiency

To be evaluated through the Office of the University Registrar

Applicable to all admission categories

All applicants must meet an acceptable level of English language proficiency. We will require official documents such as high school or post-secondary transcripts or proof of successful completion of standardized language evaluation. Full details are available in MacEwan University's academic calendar or online at MacEwan.ca/ELP.

2. Other Admission Criteria

To be evaluated through the Program

Applicable to All Admission Categories

Applicants offered admission must present a clear Police Information Check (or equivalent from another policing agency) that includes a Vulnerable Sector Search. The Police Information Check must be submitted by the published document deadline and have been issued within three months of the start of the program intake term.

inadequate relative to the standards required in the student's program, the student may be placed on probation or required to withdraw from the program. For further information, refer to the Academic Standing policy.

Program Regulations

Police Information Check

Students must meet the specific Police Information Check (PIC) requirement as set out in the admission criteria for the duration of the program or they may be required to withdraw from the program.

Students are responsible for obtaining a PIC at intervals specified by clinical agencies or the program and making these available, upon request, to their clinical agency representative. Any costs incurred are the responsibility of the student.

Students whose PIC status changes following program admission must self-report this change in status; this may compromise the student's ability to complete the program and/or they may be required to withdraw from the program.

Immunization

Current immunization against specified communicable diseases is required as a prerequisite for clinical experiences and thus for continued enrolment in the program. Students must meet the specific immunization requirements prior to the end of the fifth term. Documentation of these requirements can be found in the program student handbook and evidence of immunization must be provided to the program by the end of the fifth term. Failure to meet the specified immunization requirements may result in a student being denied an approved clinical experience and/or they may be required to withdraw from the program. Any costs incurred are the responsibility of the student.

Standard First Aid/CPR and AED Certification

Students must obtain standard first aid/CPR + AED training and provide documentation demonstrating completion prior to the end of first term or evidence of current valid certification. Failure to meet the specified first aid/CPR + AED requirements may result in a student being denied an approved clinical experience and/or they may be required to withdraw from the program. Any costs incurred are the responsibility of the student.

Internships and Field Placements

Students must comply with the Work Integrated Learning policy regarding practicum as well as other applicable policies and regulations of the university and the host agency. Students must have completed all prerequisite courses as well as all program and, where relevant, agency pre-placement requirements prior to the start of any practicum course. In accordance with the Work Integrated Learning policy, the university reserves the right, at any point during the practicum course, to remove a student from the practicum for serious performance issues (i.e., engaging in behaviour that places the client(s) and/or others at risk or that is contrary to the professional or safety requirements of the placement). In such cases, the Chair, in consultation with the Dean, will assign a grade of F in the course. For further information, refer to the Work Integrated Learning policy.

In accordance with the Academic Standing policy, the performance of a Student in a clinical, practicum, ensemble setting, or equivalent learning activity may be reviewed at any time. If the student's performance is