

PESS – PHYSICAL EDUCATION & SPORT STUDIES

PESS 195

Spectrum of Dance in Society

3 Credits Weekly (1.5-4-0)

This course explores the theory and practice of dance as a human physical activity. Focus is on the aesthetic, expressive, and rhythmical dimensions of movement in a culture's artistic and social life. The course includes movement content, techniques, improvisation, composition and performance in a variety of dance forms including modern/creative, ballet social, jazz and folk dance. Students perform and critique dance steps.