

COOP – CO-OPERATIVE EDUCATION

COOP 290

Co-op Pre-employment Seminar

0 Credits Weekly (0-0-1)

Students prepare for work integrated learning (WIL) opportunities by focusing on cooperative education guidelines and requirements. Students prepare for their job search by writing employment related documents such as career plans, resumes and cover letters. Employment search techniques, networking strategies and interview skills are developed. In addition, students discuss workplace issues such as office protocol, professionalism, and communication. Prerequisite or co-requisite - Acceptance in the COOP (p. 1) Stream.

COOP 295

Co-operative Education: First Work Experience

0 Credits Total (0-0-480)

Students gain discipline-related practical work experience and investigate their chosen career. They must perform a minimum of 360 work hours in a relevant job approved by the program. Students are introduced to theory and analytical tools to assist them in goal setting and conducting critical reflection of their experience.

Prerequisites: COOP 290.

COOP 395

Co-Operative Education: Second Work Experience

0 Credits Total (0-0-480)

Students gain further discipline-related practical work experience and study workplace process in relation to their field in which they must perform a minimum of 360 work hours in a relevant job approved by the program. Students extend their consideration of goal setting to learn how to analyze their role and set specific competency development objectives for the term. They also explore additional techniques to conduct critical reflective analysis and to examine their experiences to gain insight into their career development plans.

Prerequisites: COOP 295.

COOP 495

Co-Operative Education: Third Work Experience

0 Credits Total (0-0-480)

Students gain further discipline-related practical work experience and apply academic knowledge in relation to their field. Students must perform a minimum of 360 work hours in a full-time job approved by the program. The primary focus of the course is completion of the capstone project for the Co-operative Education coursework which is an ePortfolio. In completing the ePortfolio, students conduct a comprehensive critical reflection of their entire Co-operative Education experience.

Prerequisites: COOP 395.